



Hana Sushi

APPETIZER

10. Miso Soup	\$2.10
<i>Japanese soy bean paste broth with tofu and green onion</i>	
10. Gyoza	\$6.40
<i>Pan fried pork & vegetable dumplings</i>	
10. Edamame	\$5.30
<i>Steamed green soy beans</i>	
10. Hana Calamari	\$8.50
<i>Marinated, lightly battered squid, deep fried and served with house sauce</i>	
10. Age Dashi Tofu	\$6.40
10. Goma am	\$5.30
<i>Spinach salad with sweet sesame sauce</i>	
10. Beef Tataki	\$9.55
<i>Seven lightly seared Alberta beef steak slices served with garlic chips, green onion and house special sauce</i>	
10. Tuna Tataki	\$10.60
<i>Seven sliced tuna sashimi lightly seared and served with special sauce</i>	
10. Takoyaki	\$6.95
<i>Octopus croquettes</i>	
10. Chicken Nanban	\$7.40
<i>Japanese sweet & sour chicken with our special sauce</i>	
10. Saba Grill (mackerel)	\$8.55
<i>Grilled fresh mackerel fish</i>	
10. Asparagus Bacon Grill	\$5.35
<i>Grilled bacon wrapped asparagus</i>	
10. Yakitori Chicken Grill	\$6.40
<i>Grilled chicken skewers</i>	
10. Ika Grill (Squid)	\$8.55
<i>Grilled squid</i>	
10. Hamachi Kama	\$16.10
<i>Grilled yellow tail fish chick, served with house sauce</i>	
10. Tebasaki (Chicken Wing Grill)	\$5.30
<i>Grilled chicken wing with house sauce</i>	
10. Fresh Oyster	\$13.95
<i>Six pieces of fresh oyster served with green onion bits & ponzu sauce</i>	
10. Baked Oyster	\$10.60
<i>Three pieces of big fresh oyster baked with house sauce</i>	

SALAD

10. House Salad	\$8.55
<i>Spring salad with house dressing</i>	
10. Small House Salad	\$4.25
10. Seaweed Salad	\$5.30
<i>Seasoned seaweed with sesame flavored sauce</i>	

10. Shrimp Sunomono Salada	\$5.30
<i>Sweet vinegar vermicelli salad with prawn</i>	
10. Tuna Tataki Salad	\$9.55
<i>Lightly seared tuna & avocado slices on spring salad with house dressing</i>	

TEMPURA

10. Yam Fries	\$9.55
<i>Lightly battered yam fries served with house special sauce</i>	
10. Assorted Tempura	\$14.90
<i>Lightly battered five prawns and nine vegetables</i>	
10. Shrimp Tempura	\$8.55
<i>Lightly battered five pieces prawns</i>	
10. Vegetable Tempura	\$7.45
<i>Lightly battered nine pieces assorted vegetables</i>	
10. Yam Tempura	\$7.50
<i>Lightly battered nine pieces yam</i>	
10. Soft Shell Crab Tempura	\$11.70
<i>Lightly battered soft shell crab</i>	

REGULAR ROLLS OUTSIDE (6pc)

28. BBQ Eel Outside Roll	\$6.30
<i>Bbq eel, cucumber, lettuce, sesame seeds</i>	
29. California Outside Roll	\$5.10
<i>Sea crab, avocado, mayo, fish roe</i>	
30. Salmon & Avocado Outside Roll	\$6.30
<i>Salmon, avocado, fish roe</i>	
31. Tuna & Avocado Outside Roll	\$6.30
<i>Tuna, avocado, fish roe</i>	
32. Stampeder Outside Roll	\$9.50
<i>Salmon, tuna, prawn, avocado, fish roe</i>	
33. Yam Tempura Outside Roll	\$7.40
<i>Yam tempura, avocado, lettuce, mayo</i>	
34. Dynamite Outside Roll	\$8.50
<i>Prawn tempura, avocado, lettuce, mayo, sesame seed</i>	
35. Rock & Roll (tuna)	\$6.30
<i>Spicy tuna, cucumber, lettuce, sesame seed</i>	
36. Rock & Roll (salmon)	\$6.30
<i>Spicy Salmon, cucumber, lettuce, sesame seed</i>	
37. Alaskan Outside Roll	\$8.05
<i>Sea crab, smoked salmon, avocado, fish roe, mayo</i>	
38. Komachi Outside Roll	\$8.50
<i>Prawn, sea crab, cucumber, fish roe, mayo, soybean wrap</i>	
39. BC Outside Roll	\$5.30
<i>Bbq salmon skin, cucumber, lettuce, sesame seed</i>	
10. Vegetable Outside Roll	\$4.85
<i>Vegetable Outside Roll</i>	

REGULAR ROLLS INSIDE (6pc)

40. California Inside Roll	\$4.20
<i>Crab, avocado, mayo</i>	
41. Avocado Inside Roll	\$4.20
<i>Plain avocado</i>	
42. Cucumber Inside Roll	\$3.50
<i>Cucumber, sesame seeds</i>	
43. Salmon Inside Roll	\$3.95
<i>Fresh Salmon</i>	

- 44. Tuna Inside Roll** **\$3.95**
Fresh tuna
- 45. Negitoro Inside Roll** **\$4.75**
tuna belly, green onion

GIANT ROLLS (8 Pc)

- 46. House Special**
4 (pc) \$7.00, 8 (Pc) \$12.90. Tuna, Salmon, Sea Crab, Avocado & Fish Roe
- 47. FUTO MAKI**
4 (pc) \$5.90, 8 (pc) \$10.75. Vegetables, sea stick, tamago, sweetened dried fish

NIGRI SUSHI & SASHIMI

- 1. Salmon (shake)** **\$2.70**
Fresh Salmon
- 2. Smoked Salmon** **\$2.95**
Smoked Salmon
- 3. Sockeye Salmon (wild)** **\$2.95**
Wild Salmon
- 4. Tuna (maguro)** **\$2.70**
Fresh tuna
- 5. Red Tuna (aka maguro)** **\$3.70**
Red tuna
- 6. Toro** **\$3.70**
Tuna belly
- 7. Hamachi** **\$3.50**
Yellow tail
- 8. Ebi** **\$2.70**
Steamed prawn
- 9. Ama Ebi** **\$3.15**
Raw prawn
- 10. Cajun Prawn** **\$3.15**
Cajun, mayo sauce prawn
- 11. Unagi** **\$3.15**
BBQ fresh water eel
- 12. Saba** **\$2.70**
Mackerel
- 13. Ika** **\$2.10**
Squid
- 14. Tai** **\$2.70**
Red Snapper
- 15. Tamago** **\$2.10**
Sweetened Omelet
- 16. Hotategai** **\$2.70**
Fresh scallop
- 17. Special Scallop** **\$3.15**
Tobiko mayo scallop
- 18. Hokkigai** **\$2.10**
Surf clam
- 19. Tako** **\$2.70**
Octopus
- 20. Uni** **\$3.95**
Sea Urchin
- 21. Gyu** **\$2.70**
Beef strip loin
- 22. Ikura** **\$2.95**
Salmon roe
- 23. Tobiko** **\$2.70**
Flying fish roe
- 24. Masago** **\$2.10**
Capelin roe

- 25. Inari** **\$1.90**
Fried bean curd
- 26. Kani** **\$2.70**
Crab meat
- 27. Shitaki** **\$1.90**
Japanese mushroom

HAND ROLL (CONE SHAPED)

- 48. BBQ Eel Cone Roll** **\$5.30**
Bbq eel, cucumber, lettuce
- 49. Spicy Tuna Cone Roll** **\$4.75**
Tuna, cucumber, lettuce
- 50. California Cone Roll** **\$4.75**
Sea crab, avocado, mayo
- 51. Negi toro Cone Roll** **\$4.75**
Tuna belly, green onion

SPECIAL ROLLS

- 52. Double Happiness Roll (6)** **\$12.75**
Shrimp tempura & avocado roll, covered with tuna, salmon, fish roe, crunchy tempura, green onion drizzled with house spicy sauce
- 53. Lover's Roll** **\$11.85**
Salmon, tuna, fish roe, avocado roll covered with tuna, drizzled with house mild spicy sauce and fresh green onion bits
- 54. Rainbow Roll** **\$13.90**
Crab, mayo, avocado roll covered with red tuna, salmon, mango, avocado, drizzled with special house sauce and fish roe
- 55. Hana Flower** **\$13.90**
Mango, avocado, scallop, fish roe roll, covered with salmon, drizzled with house special wasabi sauce and topped with seaweed salad
- 56. Spring Fantasy** **\$12.75**
Smoked salmon, avocado, orange roll, covered with shrimp, scallop and matched with house sauce and fresh green onion bits
- 57. Salmon Fantasy (6)** **\$10.40**
Cucumber, crunchy tempura mix of mayo, fish roe, sesame seeds roll covered with salmon torched with cracked peppercorn
- 58. Black Pearl Roll** **\$11.70**
Tempura prawn, lettuce, fish roe roll, covered with bbq eel and avocado, drizzled with fresh green onion, tempura bits, unagi and cucumber wasabi sauce, black tobiko
- 59. Emperor's Roll** **\$14.90**
Prawn tempura, cream cheese, bbq eel, avocado, mayo, fish roe
- 60. Fuji Mountain Roll** **\$12.75**
Salmon, cream cheese, cucumber roll, covered with salmon, avocado drizzled with house wine sauce and seaweed powder
- 61. Dragon Roll (10)** **\$14.60**
Prawn tempura, avocado, fish roe, mayo, sesame seeds, crunchy tempura roll. Covered with full piece of BBQ eel, served with bbq eel sauce
- 62. Dragon's Eye** **\$11.70**
Salmon, tobiko, green onion, carrot roll, drizzled with special house sauce, deep fried (tempura style)
- 63. Phoenix Roll** **\$10.40**
BBQ eel, fish roe, crunchy tempura, mayo roll, covered by avocado, served with BBQ eel sauce and wasabi sauce

- 64. Sunshine Roll (6)** **\$10.40**
Crab & avocado roll, covered with BBQ Eel & avocado, tobiko, drizzled with BBQ Eel sauce & wasabi sauce
- 65. A+A Roll (6)** **\$6.40**
Asparagus tempura, avocado roll with sesame seeds, drizzled with house made seasonings
- 66. Spider Roll (10)** **\$14.60**
Soft shell crab, avocado, cucumber, lettuce, fish roe, mayo

EXTRAS

- 67. Extra Wasabi** **\$1.60**
- 68. Gari** **\$1.60**
Marinated Ginger
- 69. Uzura** **\$0.55**
Quali Egg (Raw)
- 10. Side of Steamed Rice** **\$2.00**
- 10. Special Order Instructions**

SUSHI COMBO

- 10. Hana Boat** **\$42.95**
Four pieces each of salmon & tuna sashimi, two pieces each of salmon, tuna, prawn, red snapper sushi, four pieces house special roll, six pieces california roll, six pieces salmon roll, six pieces cucumber roll
- 10. Sushi & Sashimi Combo** **\$18.80**
Three pieces california roll, two pieces each of salmon, tuna sashimi, one each of salmon, tuna, prawn & red snapper sushi, served with miso soup
- 10. Assorted Sushi Combo** **\$19.25**
Red tuna, toro, hamachi, salmon, tuna, prawn, scallop, red snapper, surf clam sushi & six piece california roll, served with miso soup
- 10. Maki Combo** **\$19.25**
Six piece dynamite roll, six piece california roll, six pieces spicy tuna roll, served with miso soup
- 10. Chirashi Don Combo** **\$21.25**
Eleven kinds of thick slices of fresh fish sashimi served on top of sushi rice, with miso soup
- 10. Unagi Don Combo** **\$19.30**
Full piece of BBQ fresh water eel served on top of rice with house special sauce, served with miso soup

SASHIMI COMBO

- 10. Salmon Sashimi Combo** **\$15.60**
Eight thick slices of fresh salmon
- 10. Tuna Sashimi Combo** **\$15.60**
Eight thick slices of fresh tuna
- 10. Assorted Sashimi Combo** **\$21.25**
Two thick slices of each kind of fresh yellow tail, red tuna, salmon & tuna
- 10. Hamachi Sashimi Combo** **\$14.90**
Five thick slices of fresh yellow tail fish
- 10. Red Tuna Sashimi Combo** **\$16.00**
Five thick slices of fresh red tuna

TERIYAKI COMBO

- 10. Teriyaki Chicken** **\$17.00**
Grilled chicken on the bed of vegetable stir fry noodle, served with soup, rice & salad
- 10. Teriyaki Salmon** **\$19.25**
Grilled fresh salmon filet on the bed of vegetable stir fry noodle, served with soup, rice & salad
- 10. Teriyaki Steak (8 oz)** **\$19.25**
Grilled Alberta beef steak on the bed of vegetable stir fry noodle, served with soup, rice & salad

NOODLE

- 10. Chicken Yakisoba** **\$15.60**
Stir fry Japanese ramen noodle with chicken & assorted vegetable, served with miso soup
- 10. Beef Yakisoba** **\$15.60**
Stir fry Japanese ramen noodle with beef & assorted vegetable, served with miso soup
- 10. Seafood Yakisoba** **\$18.15**
Stir fry Japanese ramen noodle with beef & assorted seafood (prawn, scallop, sea stick), served with miso soup
- 10. Tempura Udon** **\$13.95**
Japanese udon noodle soup served with tempura
- 10. Beef Udon** **\$11.30**
Stir fry beef & vegetable in Japanese udon noodle soup
- 10. Chicken Udon** **\$11.30**
Stir fry chicken & vegetable in Japanese udon noodle soup
- 10. Plain Udon** **\$8.05**

HANA BENTO (LUNCH)

- 10. Bento A** **\$13.50**
Five pieces tempura, six pieces california roll, and choice of main dish
- 10. Bento B** **\$13.50**
Three pieces sushi, four pieces sashimi, six pieces california roll and choice of main dish
- 10. Special Order Instructions**
- 10. Substitute sushi** **\$4.00**